

Guildford Youth Resource Centre

- **Drop-In:** Drop by and get information on youth services, employment, and drug and alcohol information, access to a computer, phone and fax.
- **Bear Youth Program - Cultural Workshops:** A group ran by Metis Family Services, where youth are able to participate in traditional Aboriginal Crafts.
- **Homework Club:** Supports youth with their homework and provides snacks, like pizza! It is an incentive program where a youth will receive a gift card after attending the club 6 times.
- ****NEW** Salvaging Sisterhood:** is designed to empower and teach young girls how to effectively communicate with one another, build self esteem and healthy lifestyles.
- **Youth Council:** Meets bi-weekly to help plan and develop programming and community events in the community.
- ****NEW** Open Gym:** Come get your game on! We will meet at GYRC and head over to MJ Shannon Elementary school for a game of dodge ball, basketball, soccer, badminton, etc. Snacks will be provided.

January 2012

Mon	Tue	Wed	Thu	Fri	Sat
2 Centre Closed 	3 Bear Youth Program Cultural Workshop 12:00-4:30	4  Homework Club 3:00 - 5:00	5  8:30 - 4:30	6  Open Gym 5:30-8:00	7 Centre Closed
9  Bear Youth Program Cultural Workshop 2:00-4:30	10 Bear Youth Program Cultural Workshop 12:00-4:30	11  Homework Club 3:00 - 5:00	12  8:30 - 4:30	13  3:00 - 5:00	14 Centre Closed
16  Bear Youth Program Cultural Workshop 2:00-4:30	17 Bear Youth Program Cultural Workshop 12:00-4:30	18  Homework Club 3:00 - 5:00	19  8:30 - 4:30	20  Open Gym 5:30-8:00	21 Centre Closed
23  Bear Youth Program Cultural Workshop 2:00-4:30	24 Bear Youth Program Cultural Workshop 12:00-4:30 Salvaging Sisterhood 4 to 6pm	25  Homework Club 3:00 - 5:00	26  8:30 - 4:30	27  3:00 - 5:00	28 Centre Closed
22  Bear Youth Program Cultural Workshop 2:00-4:30	27 Bear Youth Program Cultural Workshop 12:00-4:30 Salvaging Sisterhood 4 to 6pm	28  Homework Club 3:00 - 5:00	29  8:30 - 4:30	30  Open Gym 5:30-8:00	31 Centre Closed

For more information please contact Kiran Dhami @ (604) 587-8101 or kdhami@pcrs.ca